



## Welcome to Active Travel Walks

Urbanwalks is a vehicle to get communities moving again. The company has a simple philosophy to get people enjoying more activity, more often in their everyday environment.

Liverpool John Moores University have commissioned this active travel walk for visitors and staff to their IM Marsh Campus in Aigburth.

Urbanwalks have designed this active travel walk to help encourage and support visitors and staff to use active and public transport options when planning their journey. This route from Mossley Hill Train Station to IM Marsh Campus takes less than 15 minutes to walk and is a great way of incorporating physical activity into your working day.

The Urbanwalks concept is recognised by the Department for Transport as an example of good practice in walking promotion.



# one active travel walk™

Liverpool John Moores University  
Mossley Hill Train Station  
to IM Marsh Campus

## Mossley Hill Train Station to LJM University IM Marsh Campus

1. Turn left out of Mossley Hill Train Station onto Rose Lane and continue walking, taking care when crossing any side roads.
2. After the church turn left onto Mossley Hill Road and keep walking passing Barkhill Road.
3. When you arrive at the Mossley Hill Road entrance of LJM University IM Marsh Campus on your right hand side, carefully cross over Mossley Hill Road.
4. Walk straight ahead until you arrive at the main reception building on your left.

- › Distance = Three quarters of a mile / 1800 steps
- › This walk should take around 10-12 minutes

Liverpool John Moores University  
IM Marsh Campus  
Mossley Hill Road, Aigburth,  
Liverpool L17 6BD

Tel: 0151 231 2121  
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### Urbanwalks™

Urbanwalks offer a wide range of simple but effective physical activity solutions. To find out how Urbanwalks can help get your organisation more active, call us on 0870 242 7507 or visit us at [www.urbanwalks.co.uk](http://www.urbanwalks.co.uk)

