

G1 - VDU'S/EYE SCREENING

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The purpose of this note is to assist VDU users to protect the health whilst using their machines. The Regulations say that all staff who are VDU "users" are entitled to eye care.

"USER"

A "user", as defined in the University Policy SCP 20, is as follows:

"A member of staff who uses display screen equipment for a significant part of each working day. Appendix II of the Code of Practice provides further information.

EYESIGHT HARM FROM USING VDU'S

There is no current evidence to suggest that using VDU's harms eyes. It is possible that at present you feel, or the eye test showed that there is no significant problem with your eyesight. However, the University would suggest that you periodically, ask yourself, "Has my eyesight deteriorated"?

EYE SCREENING

The Occupational Health Nurse provides routine eye screening for VDU users. (This is not a full eye examination).

SPECTACLES

In very few cases, corrective spectacles will be required for VDU use. These will be provided after the eye screening and a full test by an Optician.

It should be noted that where corrective spectacles have been provided for work with VDU's there is a positive requirement on you to wear them.

*References - University Health, Safety and Environment Policy and Codes
SCP 20.*

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