

# Phoenix Futures SCOTLAND



## THE TOGETHER PROJECT PHOENIX FUTURES SCOTLAND

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SCOTLAND

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# Phoenix Futures





# Scottish Residential

- ▶ Accessible and safe
- ▶ Strengths-based
- ▶ Family-inclusive
- ▶ Person-centred
- ▶ Trauma- Informed
- ▶ Community-connected
- ▶ All delivered within a new service which has been designed to be psychological informed



# The Together Project



- ▶ Established Recovery through the Arts group
- ▶ All can take part – community members / graduates
- ▶ Annual pantomime performances
- ▶ Stigma reduction / Awareness raising performances
  
- ▶ Schools, Recovery communities, commissioning bodies, government, community festivals – across Scotland



# Outcomes

- ▶ Increased participation, **confidence**, **self-esteem**
- ▶ Positive health and **wellbeing** benefits
- ▶ Increased socialisation > social skills
- ▶ Development and **enrichment** of strong community ties making a positive difference
- ▶ Aim to **reduce stigma**
- ▶ Enables community members to build and maintain **positive relationships** and social support within and out with the Recovery field
- ▶ Be a **valued member** of the Community



# THE TOGETHER PROJECT

## PERFORMING “KATIE”

Phoenix Futures  
**SCOTLAND**



The charity that is confident about recovery

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# THANK YOU

BEHIND THE SCENES FOOTAGE OF OUR PERFORMANCE IN THE HIGHLANDS LAST

SUMMER: [HTTPS://VIMEO.COM/331659634/F5395108D9](https://vimeo.com/331659634/f5395108d9)

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