

Corona virus guidance for students

Figure 1: No Known Exposure and Feeling Well

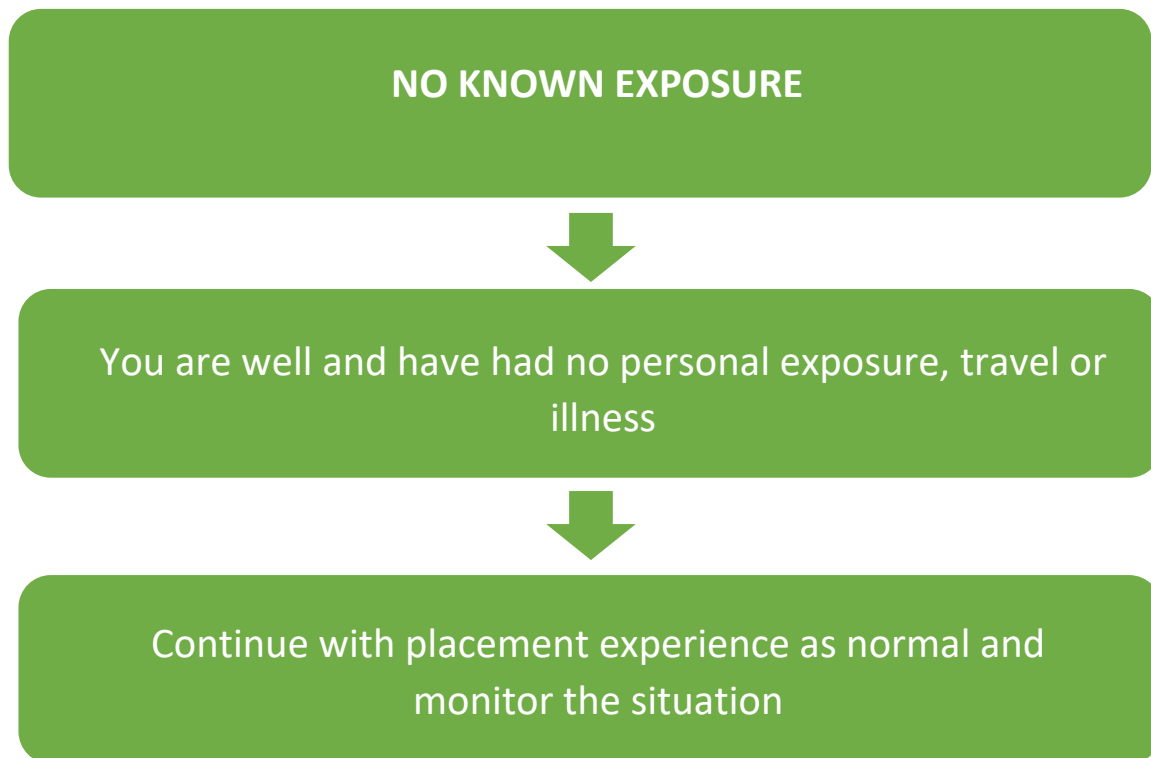
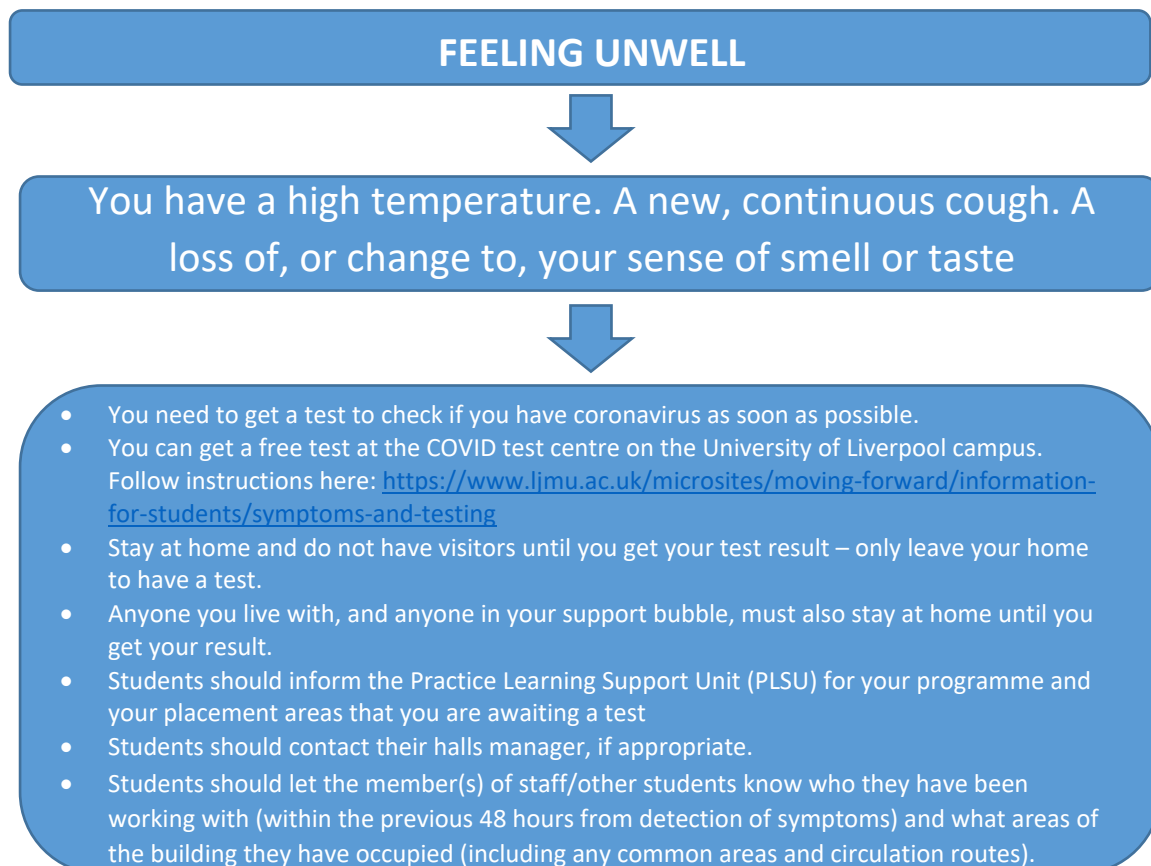


Figure 2: You feel unwell



Negative for COVID -19



- Inform your placement area and the Practice Learning Support Unit (PLSU) for your programme
- You do not need to self-isolate if your test is negative, as long as everyone you live with tests negative too

Figure 4: You test positive for COVID -19

You test positive for COVID-19



Follow Public Health England advice:

If your test is positive, you must self-isolate.

- If you had a test because you had symptoms, keep self-isolating for at least 10 days from when your symptoms started.
- If you had a test but have not had symptoms, self-isolate for 10 days from when you had the test.
- Anyone you live with, and anyone in your support bubble, must self-isolate for 10 days from when you start self-isolating.
 - Notify Practice Placement ASAP
 - Inform the Practice Learning Support Unit (PLSU) for your programme & click on the attendance tab in your LJMU portal, this will trigger LJMU support systems and contact tracing
 - Only contact 111 if your symptoms become worse or if you are not better after 14 days

You can stop self-isolating after 10 days if either:

- you do not have any symptoms
- you just have a cough or changes to your sense of smell or taste – these can last for weeks after the infection has gone

Keep self-isolating if you feel unwell

Keep self-isolating if you have any of these symptoms after 10 days:

- a high temperature or feeling hot and shivery
- a runny nose or sneezing
- feeling or being sick
- diarrhoea

Only stop self-isolating when these symptoms have gone.

Figure 5: You are contacted by NHS Test and Trace Service

NHS Test and Trace Service



- You may be contacted by the NHS test and trace service if you have had close contact with someone who is positive or has symptoms of COVID-19.
- This will usually be someone from the same household or a household you have spent time with, someone you have had contact within one metre for minute of, have travelled in a small vehicle or a large plane or vehicle with etc.
- This will not be a patient in your care, this is not considered close or high-risk contact as you should be wearing medical grade PPE in your placement area.
- The alert will usually come by text, email or phone call. You should then log on to the NHS Test and Trace website
- You will be told to begin self-isolation for 10 days from your last contact with the person who has tested positive
- You should inform your placement area and the Practice Learning Support Unit (PLSU) for your programme.
- If you develop symptoms of coronavirus, you must get a test to check if you have coronavirus or call 111 if you have no internet access.
- If your test is positive, you must continue to stay at home for at least 10 days.
- If your test is negative, you must still complete your 10-day self-isolation period because the virus may not be detectable yet - this is crucial to avoid unknowingly spreading the virus.

You must self-isolate immediately if:

- You have any symptoms of coronavirus (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste)
- You've tested positive for coronavirus – this means you have coronavirus
- You live with someone who has symptoms or tested positive
- Someone in your support bubble has symptoms or tested positive
- You're told to self-isolate by NHS Test and Trace
- You arrive in the UK from a country with a high coronavirus risk – see GOV.UK : how to self-isolate when you travel to the UK

If you think you have been in contact with someone who has coronavirus, but you do not have symptoms and have not been told to self-isolate, continue to follow social distancing advice

Figure 6: Additional Information

- For students to attend university for teaching or campus activity/access you will be required to evidence two negative lateral flow test results, three days apart, the last one should be one day prior to any face to face teaching or attendance in any University buildings.
- For students due to attend placement you are required to evidence two negative lateral flow test results, three days apart, the last one should be one day prior to placement
- For students who are on placement please continue to be tested weekly or follow Trust / placement guidance
- For those who have tested positive and want to attend university but have completed their isolation period – refer to above guidance
- For students who have tested positive and want to attend placement but have completed their isolation period- refer to above guidance