CINAHL Plus with Full Text

CINAHL stands for The Cumulative Index to Nursing and Allied Health Literature. It is one of the most popular health related databases and contains more than 4 million records dating back to 1937. It provides full text for more than 760 journals with details of 50 nursing specialities, speech and language pathology, nutrition, general health, and medicine and more. As well as journals, there are book chapters, nursing dissertations, selected conference proceedings, standards of practice, educational software packages, audio/visual material, and book chapters.

This database is available on and off campus and may be accessed from **Databases** in the **Electronic Library** at: www.ljmu.ac.uk/library/e-library

- From the Electronic Library web page select the **Databases** option or alternatively from the library search tool, **Discover** select **Databases** at the top of the screen.
- Click on **Sign in** in the top right-hand corner and if prompted login with your **LJMU username@ljmu.ac.uk** and **password.**
- Once signed in you then need to type in **CINAHL Plus with Full Text** into the search box and click on the **search icon.**
- Click on **CINAHL Plus with Full Text** from the results list and then the online link in the **View Online** box – **CINAHL Plus with Full Text**
- For **Off-Campus Access**, look for the **OpenAthens** prompt in the top right of the screen. Log in with your LJMU username and password.

Searching

CINAHL Plus automatically opens onto an 'Advanced Search' page, and at the top of the screen there is a toolbar, which allows you to switch to various sections. You can search by entering words into a search box without specifying search fields. The database will retrieve documents containing all your search terms, appearing in any field (document titles, authors, subjects, full text, etc.)

Search Tips

Boolean Operators

Boolean search operators **AND**, **OR,** and **NOT** link your keywords together and enable you to search more effectively. Boolean operators can be used by typing the **AND**, **OR** and **NOT** in **CAPITAL LETTERS.**

- The term **AND,** will narrow a search to only find records which contain all search terms:

  e.g., diabetes AND insulin.

- The search term **OR,** will widen a search to find records containing any of your alternative search terms, but not necessarily all:

  e.g., handwashing OR hand hygiene.

- The search term **NOT,** excludes part of a topic or specific terms from a search:

  e.g., diabetes treatment NOT metformin

  Use this search with caution as it may exclude relevant results

Phrases

You can search for an exact phrase of two or more words by surrounding it with quotation marks.

  e.g., "skin cancer"

This will ensure that the database or search engine only retrieves records where these words appear together as a phrase.

Truncation

An asterisk ***** is a truncation symbol that can be used after the first few characters of a word to include all varying endings of that word in a search.

  e.g., nurs* would find nurse, nurses, and nursing.

Alternative Search Terms

If you are struggling to find information on a given topic – try changing your search terms to include alternative keywords,

  e.g., a first-time mother can be referred to as primipara.

Search Limits

You can limit your searches by **Publisher**, **Content Type** or **Publication Year** using the refinement options on the search results page. This will help you to find the most relevant research quickly and easily, filtering out any results which are not fully focused on your search topic.
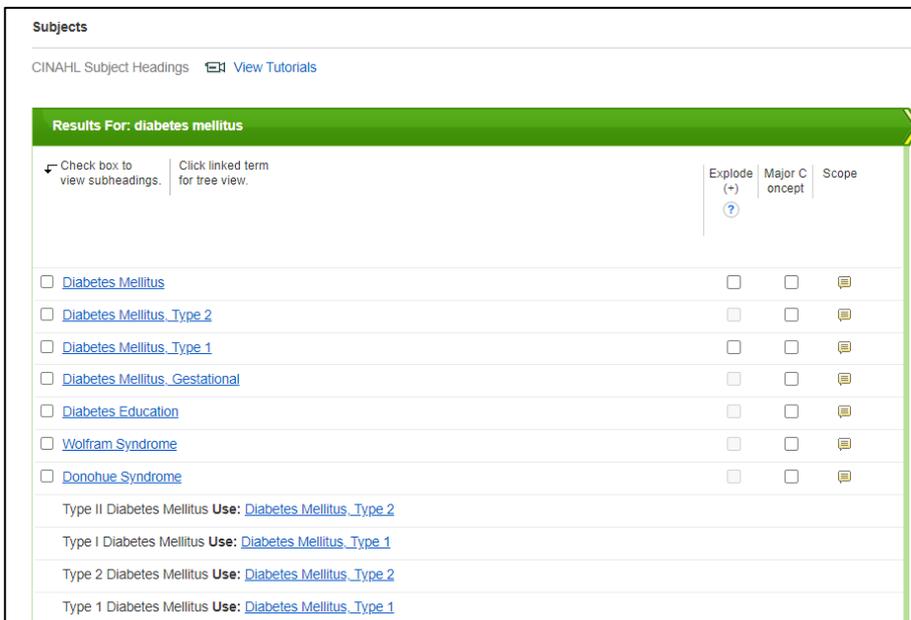
CINAHL Subject Headings
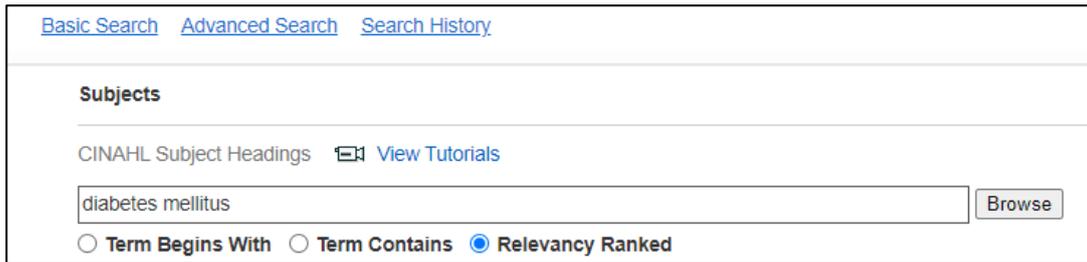
You can search via a broad 'Subject Heading' and then use the 'tree view' to narrow your results. Select **CINAHL Subject Headings** at the top of the page. Type in a subject, for example, 'diabetes mellitus,' and a list of topics associated with this will appear. You can then click on subheadings to 'explode' concepts or look at brief notes on each condition.

Displaying Results

Results from your search will appear in the middle of the webpage by order of **Relevance**. You can change this to **Date Order** or **Author** by clicking on the drop-down menu to the right of the screen.

Clicking on the magnifying glass symbol to the right of the article title will display a pop-up box with details of the Abstract.
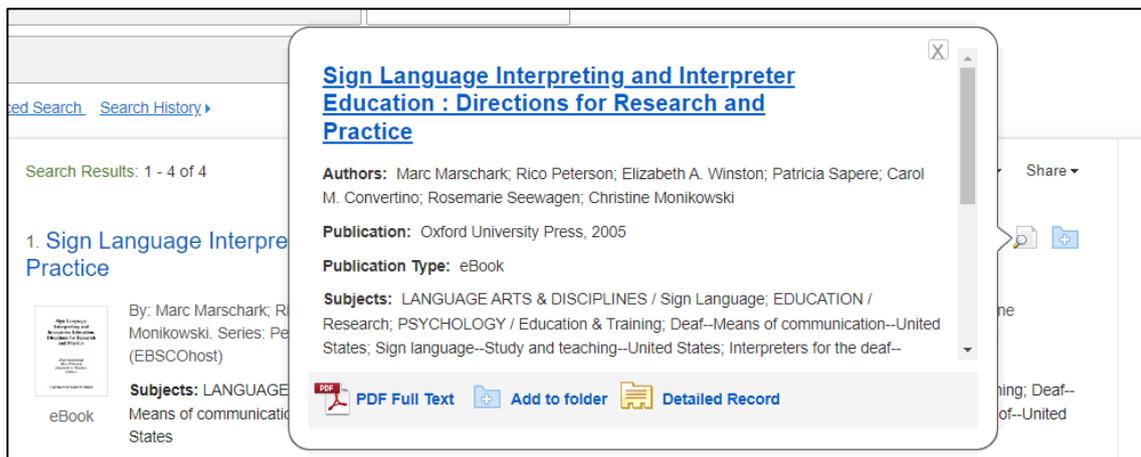
Selecting the title of the article will take you to another page with details of the abstract, the authors and the categories the result were found in.

Email, Print, Save, Export

You can save relevant search results by downloading or exporting a PDF file.

From the results screen, you can add relevant articles to '**My Folder'** by clicking on the blue folder to the right-hand side of the article titles. The folder will turn yellow when you have saved items to it.

In the blue taskbar at the top of the page, the '**Folder'** section will now be yellow as it has saved your items in there. Select the folder.

This page then allows you to **export** or **download** your results.
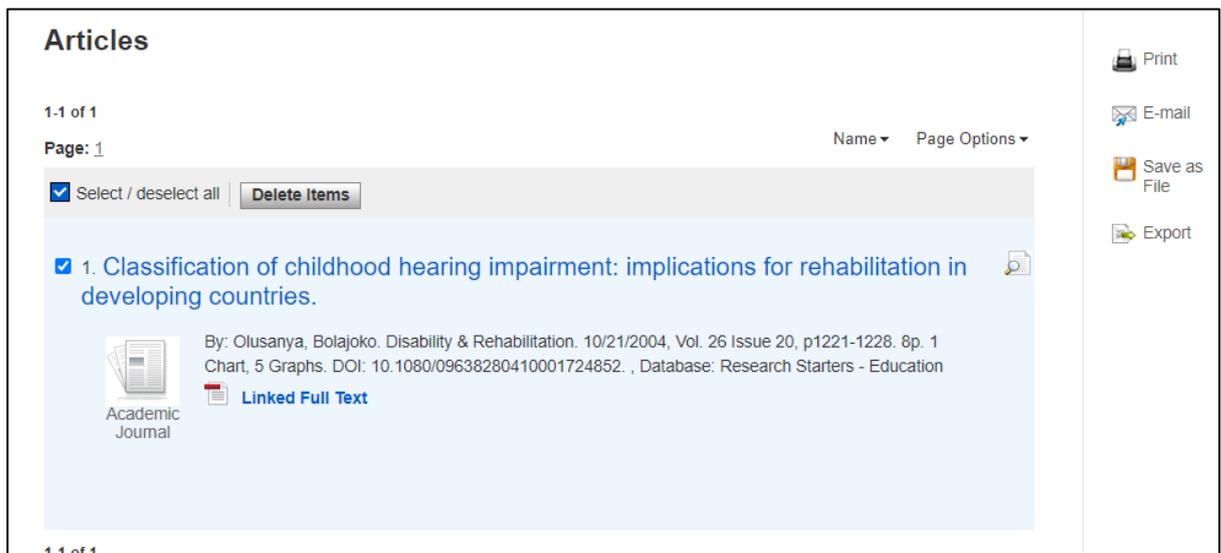
Select the tick box to the left of the articles you want to **save** or **export**.

To export the file ready for **EndNote Online**, click on the '**Export'** option to the right-hand side of the article.

Select '**Direct Export to EndNote Web'**

4

Select '**Save.'**

For more information on how to use EndNote for your studies, please look at our training guides on the LJMU website.

EndNote Guides help page.

Further Help

Further guidance is available using the **Help** button in the toolbar or from your Academic Engagement Librarian.

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