IThe following dissemination events have taken place where the results of the project have been outlined:

Project objective	Dissemination mechanism	Activity
To develop a	Academic publications	See Academic Publication Summary
comprehensive understanding of the dual career	The promotion of dual careers on environment websites	See Online Output Summary
development environments (DCDEs) across Europe	Social media posts/pictures about project events which disseminate findings	See Online Output Summary

Presentations at academic	Ronkainen, N. J., Korhonen, N., Nikander, A., Saarinen, M., & Ryba, T. V.
conferences to disseminate the	(July 2019). Uncovering basic assumptions of the dual career philosophy:
project findings	A Finnish case of dual career development environment. Abstracts of 15th
	European Congress of Sport and Exercise Psychology (p. 275). Münster,
	Germany.
	Ryba, T. V. (September 2019). Dual Career projects' updates. Paper
	presented at the Ministry of Education and Culture, Helsinki, Finland.
	EASM conference: presentation K. de Brandt on ECO-DC project findings
	from Belgium
	Dual Careers in Sport – Latest Research Findings from Across Europe
	Symposium at FEPSAC conference, Munster, Germany by whole project,
	including:
	Introduction to Current Dual Career Research in Sport Psychology (R. Morris
	& E. Deason)
	Exploring Dual Career Development Environments in Sport: A European
	Taxonomy of Practice (E. Deason & R. Morris)

"Support Upon Request": Exploring a Dual Career Development Environment
at a Swedish University (L. Linnér, N. Stambulova, & K. Lindahl)
Testing the Waters of Dual Career: An Ecological Assessment of a Catalonia
Water Sports Club (Y. Ramis, J. Mejías, A. Jordana, J. Pons, J. Muñoz & M.
Torregrossa)
Optimizing student-athletes' dual career 'elite sport and higher education'
pathway at the Vrije Universiteit Brussel (K. De Brandt, P. Wylleman & P.
De Knop)
Uncovering basic assumptions of the dual career philosophy: A Finnish case
of dual career development environment (N. Ronkainen, N. Korhonen, A.
Nikander, M. Saarinen, & T. V. Ryba)
Investigation into dual career environment of four female volleyball clubs:
Preliminary analysis of the micro-level (S. Cecić Erpič & J. Tekavc)
Dual Careers in Sport – Latest Research and Practice Symposium at DSEP
conference, Solihull, UK by UK partners, including:
Introduction to Current Dual Career Research in Sport Psychology and an
introduction to the Eco-DC project (R. Morris)

	A European Taxonomy of Dual Career Development Environments across
	Europe (R. Morris)
	European Case Study Analyses of Dual Career Development Environments:
	Findings from a UK University Scholarship System (E. Cartigny)
	International Applied Psychology Congress in Montreal, Canada
	presentation by N. Stambulova on European DC research, 25-29/6/2018.
	International Sport Science Congress in Singapore keynote and two
	workshops on holistic ecological approach including DCDEs by N.
	Stambulova, 5-8/11/2018
	International Sport Psychology Conference in Jyväskylä, Finland, keynote
	on DC and wellbeing including environmental influences by N.
	Stambulova, 21-22/11/2018
	International Congress on Mental Strength, Gävle, Sweden keynote on
	Athlete career excellence including DC and DCDEs by N. Stambulova 14-
	16/6/2019
	European Athlete as Student (EAS) Conference, Falun, Sweden L. Linner
	keynote on Ecology of Dual Career including WP2 DCDE case study, N.

	Stabulova keynote on European DC research including ECO-DC and K. Lindahl keynote on Swedish DCDE system. 18-19/9/2019
	Research seminar, Halmstad University, Halmstad, Sweden L. Linner's presentation on DCs including ECO-DC/DCDEs, 10/10/2019 and 25/10/2019
	Association for Applied Sport Psychology (AASP) annual conference, Portland, OR, USA. N. Stambulova promoted ECO-DC project in the panel discussion on Athletes' mental health, 23-26/10/2019.
	8th International congress of Slovenian Psychological Association – Symposium on new trends in researching dual careers (chair: S. Cecić Erpič)
	Levac, U., & Cecić Erpičm S. Trenerjevo zaznavanje okoljskih vidikov dvojne kariere: Kakšno okolje spodbuja dvojno kariero mladih športnikov? 09/2019
Poster presentations to non-academic audiences	Ryba, T. V. (September 2019). <i>Dual Career in Finland</i> . Interactive poster presented at the European Researchers' Night [Open Science event] in the University of Jyväskylä, Jyväskylä, Finland.

Presentations to practitioner	Saarinen, M., & Ryba, T. V. (May
audiences of the project findings	2018). Suomalaiset kaksoisuran kehitysympäristöt [Dual career development
	environments in Finland]. Paper presented at National Sports Education
	Days [urheiluoppilaitospäivät], Tampere, Finland.
	Nikander, A., Korhonen, N., & Ryba, T. V. (May 2019). Dual Career
	Development Environment (DCDE). Paper presented at KIHU's social science
	department's development day. KIHU: Research Institute for Olympic
	Sports, Jyväskylä, Finland.
	Ryba, T. V. & Aunola, K. (November 2019). Dual Career projects
	at JyU. Paper presented at the Dual Career seminar. KIHU: Research Institute
	for Olympic Sports, Jyväskylä, Finland.
	Presentation by Koen during DC platform for HE institutions organized by
	Sport Vlaanderen
	Presentation during the ICDC Conference on Dual Career from Spanish
	Partners, 28/11/2018
	Presentation during the Hand Ball For Dual Careers from Spanish
	partners, 12/6/2019
	Swedish Sports Confederation, education on Dual Careers for DCSP at Boson.
	N. Stambulova presentation on ECO-DC project, L. Linner presentation on

	ECO-DC, DCDE and DC-ESF models and Swedish case study, N.
	Stambulova presentation on essential features of DCDEs, and N. Stambulova,
	L. Linner, & K. Lindahl three workshops based on ECO-DC project materials,
	25-26/11/2019.
	Presentation and workshops of project findings to sport psychology doctoral
	candidates, Liverpool John Moores University, UK. 28/11/2019.
	Presentation of the cross-cases analysis results and promotion of the Eco-DC
	project at the TASS research forum in London, UK, 2/12/2019.
	Cecić Erpič, S. (april 2019). Novi trendi v proučevanju dvojne kariere. Paper
	presented at the Ministry of Education, Science and Sport, Ljubljana,
	Slovenia.
	Educational modules - Module Three - Assessing 10 essential features of your
	DC environment: The dual career environment monitoring tool in practice -
	module presented to students of Faculty of Sport, UL. Module presented by S.
	Cecić Erpič – 23 implementations
Multiplier Sport events host by the	See Multiplier Sport Event Summary
project	
	Meetings with Gymfed, Belgium a sports club (Sofie-Simon-Koen)

To provide guidelines	Communication of project findings to	Distribution of project aims to National Olympic Committee and all dual
for the development	DCDE stakeholders	career stakeholders in Finland
and optimization of		International visit from Shanghai University of Sports to Halmstad University,
DCDEs supporting		Halmstad, Sweden, 21/10/2019
talented and elite		Thumstad, 5 weden, 21/16/2019
athletes' in their		Nikander, A., Korhonen, N., & Ryba, T. V. (May 2019). Dual Career
pursuit of sporting		Development Environment (DCDE). Paper presented at Elite Sports School's
and academic		annual development day. Vuokatti-Ruka Sports Academy, Sotkamo, Finland.
excellence	Meetings with Sports organisations	Monthly meetings with Swedish Sports Confederation throughout 2018 and
		2019.
	Development of educational modules	See Educational Modules Summary
	based upon the project findings	See Educational Would's Summary
	Development of DCDE summaries	See DCDE Summaries for Transnational Athletes
	for transnational athletes	

Work	Publication Title	Progress	
Package			
Development Environments in European Countries		 Published: Morris, R., Cartigny, E., Ryba, T. V., Wylleman, P., Henriksen, K., Torregrossa, M., Lindahl, K., & Cecić Erpič, S. (2020). A Taxonomy of Dual Career Development Environments across Europe. <i>European Sport</i> <i>Management Quarterly</i>. Manuscript in development 	
	A UK Taxonomy of Dual Career Development Environments	Submitted to Peer Review process in Sport, Exercise and Performance Psychology	
	A Finish Taxonomy of Dual Career Development Environments	Manuscript in development	
	Methods and Criteria Employed in the Evaluation of the Effectiveness and Efficiency of Dual Career Development Environments	Manuscript in development	
WP2	Belgian Case study	Manuscript in development	
	A holistic ecological approach to sport and study: The case of an athlete friendly university in Denmark,	Published: Henriksen, K., Storm, L., Kuettel, A., Linnér, L., & Stambulova, N. (2020). A holistic ecological approach to sport and study: The case of an athlete friendly university in Denmark, <i>Psychology of Sport and Exercise</i> .	
	Finnish case study	Manuscript in development	
	Slovenian case study	Manuscript in development	
	Spanish case study	Manuscript in development	
	Swedish case study	Manuscript in development	
	UK case study	Manuscript in development	

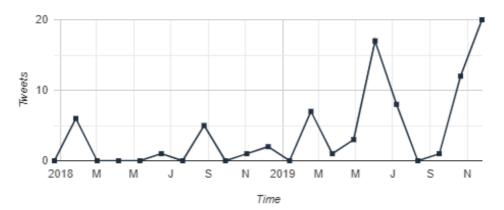
Academic Publication Summary

	Cross-case analysis	Manuscript in development
WP3	Development and validation of DCDEM	Manuscript in development
WP4	Recommendations	Manuscript in development

Online Output Summary

TWEETS	TIMEFRAME	REACH	IMPRESSIONS	TOTAL RT'S	TOTAL FAVES	REPLIES
84	731 days	137	8,244	360	985	16

Number of Tweets and Facebook Posts



environment

first case

today_{last} results

event

ecological

take

great part career study

barcelona sport dual project

multiplier

outlining

careers day

environments

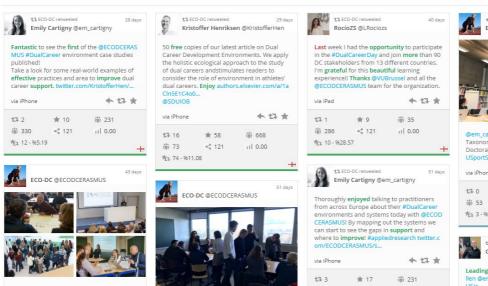
jornada

Hashtag and Word Cloud

#dualcareerday #workingweekends #gees #ecologydc #sportcoaching #ineofwork#dualcareer

#coachathlete #erasmus #dualcareers #coaching #sportinfoday #dualcareerathletes #eusport

Twitter And Facebook Summary





t3 ECO-DC retweeted Guy Taylor @TASS_Director 51 davs

Leading the way with @TalentedAthlete @cola llen @em_cartigny twitter.com/ECODCERASM



The project team are visiting Denmark this week and sharing the current findings at a dual career conference hosted by University of South Denmark.

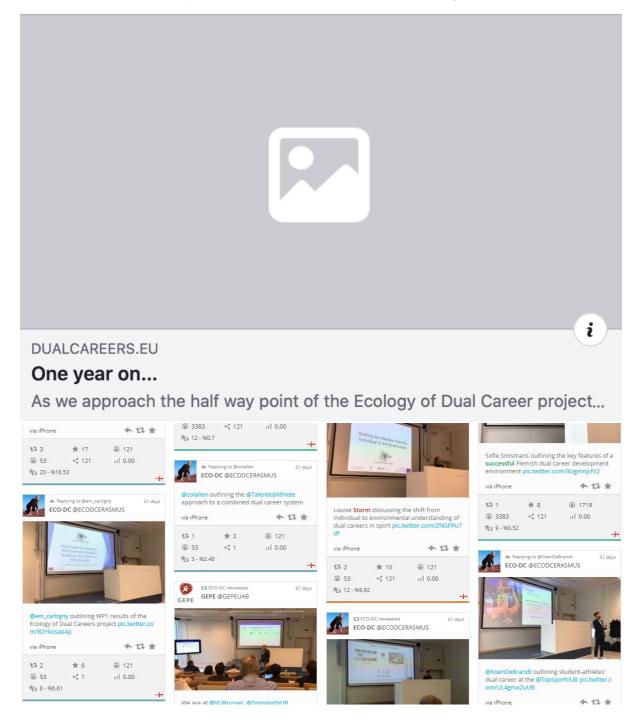


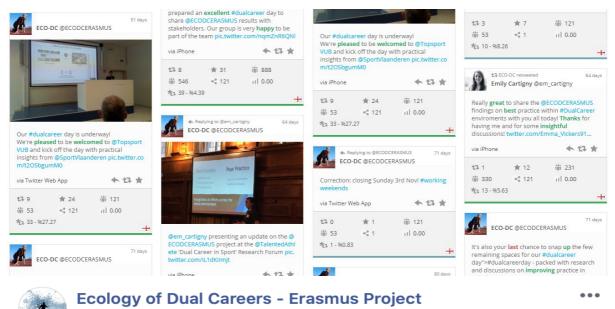
In case you missed our #dualcareer event last week, all presentations can be found on our website - dualcareers.eu/findings/ under the heading Multiplier Sport Events	2nd workshop on taxonomy of dual careers pic.twitter.com/eg23XcOH3O	₩ 330 <\$ 121 1 0.00 121 20 - 968.66	via iPhone
Thank you for joining us! @EuSport @EUErasmusPlus pic.twitter.com/3	via iPhone 🔶 🛟 🚖	51 days	t3 ★ 6 帯 1117 帯 418 ≪ 121 山 0.00
51hE3qMas via Twitter Web App 🔶 🛟 🛊	13-1 黄3 御 121	ECO-DC @ECODCERASMUS	1/2 9 - %0.81
13-8 ★ 21 ⊕ 121	∰ 53 ≪ 121 11 0.00 № 4-%3.31		13 ECO-DC retweeted 51 days
(ii) 53 % 121 II 0.00			Dr Robert Morris @DrRobMorrisStir
★3 29 - %23.97 +	23 ECO-DC retweeted 51 days Dr Robert Morris @DrRobMorrisStir		@em_cartigny and @colallen starting the 1st workshop on the dual career landscape
51 days			via iPhone 🔶 🛟 🗙
		Some engaging conversation as part of workshop 1 of the ECO-DC multiplier sport event pic.twitter.com/Rwxl0Ob7no	13-2 ★ 4 ⊕ 1719 ⊕ 3383 ≪ 121 1 0.00 ★1.6 - %0.35
10 hone was well as a loss of the second sec		via iPhone 🔶 🛟 🗙	- 10, 20 - 10, 20 - 12 - 12 - 12 - 12 - 12 - 12 - 12 -
A CONTRACTOR		t3 3 🛊 10 🤴 121	t3 ECO-DC retweeted 51 days Dr Robert Morris @Dr RobMorrisStir
	@MikTorregrossa and Andreas Kuttle outlining the development of the DCDE	(前) 53 ≪° 121 11 0.00 ★1 13 - %10.74	
Natalia Stambulova outlining the cross case	monitoring tool as part of the @ECODCERASM US project pic.twitter.com/2igDXwUj9q	+	
analysis which took place as a consequence of the 7 case studies carried out in 7 countries	via iPhone 🔶 🛟 🚖	51 days	
within the @ECODCERASMUS project pic.twitt er.com/Wg3NAE4nKZ	1 2 † 10 💮 1719		

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A year on post is now live on the website! Take a look at what we have achieved so far... https://dualcareers.eu/2019/02/one-year-on/





Published by Emily Cartigny [?] · 21 August 2018 · 🚱

For a full overview of the project and the project team, why not visit our website...

https://dualcareers.eu/about/

DUALCAREERS.EU

Project Outline – Dual Careers

It has been suggested that, in addition to individual attributes and...

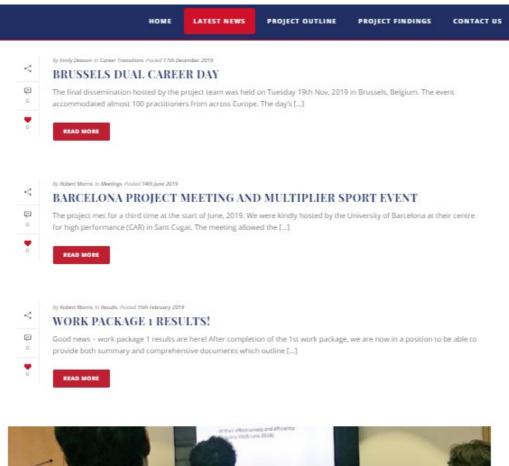
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ECO-DC Website

The website was used to update the DCDE network on the latest findings of the project and events that the project team were involved in, including academic and practitioner conferences,

multiplier sport events, and academic publications. The website was accessible through <u>www.dualcareers.eu</u> throughout the project. A legacy website is being developed which will be hosted on the Liverpool John Moores University website and will hold all of the results from the project for the foreseeable future.





Multiplier Sport Event Summary

The project team organised 3 Multiplier Sport events to disseminate the research findings Europe. The events were well attended and well received by dual career service providers and dual career researchers.

Odense Multiplier Sport Event

29/08/2018

The project team's time in Odense also provided the opportunity to host a multiplier sport event, at the University of Southern Denmark on Tuesday 28th August 2018. The event accommodated over 60 practitioners and academics from across Denmark and Europe to hear presentations which discussed the dual career approach in Denmark, an overview of the Erasmus+ projects that cover dual careers, an insight into the current ecology of dual career project, the findings from the project so far, and the development of the Swedish Dual Career Guidelines. The event concluded with a panel discussion, where delegates presented some insightful and perceptive questions to the project team

Barcelona Multiplier Sport Event

04/06/2019

The project team hosted a multiplier sport event at CAR on Tuesday 4th June, 2019. The event accommodated over 50 practitioners and academics from across Spain. For the first half of the day, the project team provided presentations including an overview of the Erasmus+ projects that cover dual careers, an insight into the current ecology of dual career project, and the current findings from the project including an overview of four of the partner case studies of DCDEs. The second half of the day was designated to presentations from Spanish researchers and practitioners which discusses dual career and dual career environments in the Spanish context.

Brussels Multiplier Sport Event

19/11/2019

The final dissemination hosted by the project team was held on Tuesday 19th Nov, 2019 in Brussels, Belgium. The event accommodated almost 100 practitioners from across Europe. The day's program included the project team provided presentations on the Eco-DC Erasmus+ project, including the project findings and case studies. The second half of the day was designated to three practical workshops developed by the project and based on the findings.