

6 Travel and Transport in Liverpool

6.1 Walking and Cycling

Walking and cycling – also known collectively as *active travel* – are **simple ways of incorporating physical activity into our daily lives**. Walking and cycling provide the following benefits:

- Healthier and happier staff and students, and increased productivity;
- Reduced stress and improved health which leads to lifestyle improvements;
- Reduced absenteeism due to healthier staff; and
- Overall reduced traffic levels which result in less pollution and improve air quality in the local area, as well as fewer accidents.

The LJMU city campus enjoys good accessibility between buildings and the student halls of accommodation. To find out your best route – including how many calories you can burn and how much CO₂ you could save – the urban walking route planner ‘Walkit’ is a great tool. This is available at www.walkit.com, or alternatively as an app on either iOS or Android. Identifying a ‘walking buddy’ is also a helpful initiative, especially during the winter months (see 5.8 Car and Journey Share).

Approximate walking times between main LJMU buildings

	Avril Roberts	Byrom Street	Exchange Station	Redmonds ADA	John Foster Aquinas Liverpool SU Aldham Roberts	Rodney House Egerton Court	Joe H Makin Drama Centre	Copperas Hill
Avril Roberts		6 Minutes	2 Minutes	21 Minutes	24 Minutes	19 Minutes	25 Minutes	16 Minutes
Byrom Street Campus	6 Minutes		10 Minutes	18 Minutes	22 Minutes	15 Minutes	24 Minutes	14 Minutes
Exchange Station	2 Minutes	10 Minutes		19 Minutes	21 Minutes	21 Minutes	22 Minutes	16 Minutes
Redmonds Building ADA	21 Minutes	18 Minutes	19 Minutes		3 Minutes	3 Minutes	6 Minutes	5 Minutes
John Foster Aquinas Liverpool SU Aldham Roberts	24 Minutes	22 Minutes	21 Minutes	3 Minutes		1 Minutes	6 Minutes	8 Minutes
Rodney House Egerton Court	19 Minutes	15 Minutes	21 Minutes	3 Minutes	1 Minutes		5 Minutes	6 Minutes
Joe H Makin Drama Centre	25 Minutes	24 Minutes	22 Minutes	6 Minutes	6 Minutes	5 Minutes		11 Minutes
Copperas Hill	16 Minutes	14 Minutes	16 Minutes	5 Minutes	8 Minutes	6 Minutes	11 Minutes	

Approximate walking times between Student Halls and LJMU buildings

	Avril Robarts	Byrom Street	Exchange Station	Redmonds ADA	John Foster Aquinas Liverpool SU Aldham	Rodney House Egerton	Joe H Makin Drama Centre	Copperas Hill
Agnes Jones House (Catharine Street)	29 Minutes	28 Minutes	28 Minutes	11 Minutes	8 Minutes	9 Minutes	5 Minutes	17 Minutes
Albert Court (London Road)	21 Minutes	17 Minutes	23 Minutes	11 Minutes	11 Minutes	13 Minutes	18 Minutes	9 Minutes
The Arch (Nelson Street)	24 Minutes	23 Minutes	22 Minutes	10 Minutes	11 Minutes	8 Minutes	6 Minutes	13 Minutes
Byrom Point	4 Minutes	3 Minutes	7 Minutes	15 Minutes	18 Minutes	17 Minutes	20 Minutes	13 Minutes
Europa (Erskine Street)	22 Minutes	17 Minutes	25 Minutes	15 Minutes	15 Minutes	18 Minutes	22 Minutes	14 Minutes
Grand Central (Skelhorne Street)	15 Minutes	13 Minutes	16 Minutes	5 Minutes	9 Minutes	8 Minutes	11 Minutes	2 Minutes
72 Great Crosshall Street	4 Minutes	3 Minutes	7 Minutes	15 Minutes	18 Minutes	17 Minutes	20 Minutes	13 Minutes
The Glassworks (Vauxhall Road)	1 Minutes	9 Minutes	4 Minutes	20 Minutes	22 Minutes	21 Minutes	24 Minutes	16 Minutes
Grenville Street	22 minutes	23 Minutes	19 Minutes	12 Minutes	13 Minutes	10 Minutes	8 Minutes	15 Minutes
Liberty Atlantic Point (Naylor Street)	8 Minutes	7 Minutes	11 Minutes	22 Minutes	24 Minutes	24 Minutes	26 Minutes	19 Minutes
Liberty Gardens (Hatton Garden)	1 Minutes	8 Minutes	4 Minutes	18 Minutes	20 Minutes	19 Minutes	22 Minutes	14 Minutes
Liberty Prospect Point (Moir Street)	24 Minutes	19 Minutes	26 Minutes	14 Minutes	14 Minutes	17 Minutes	21 Minutes	12 Minutes
Marybone 1,2, & 3 (Marybone)	2 Minutes	8 Minutes	4 Minutes	20 Minutes	22 Minutes	21 Minutes	24 Minutes	16 Minutes
St Andrew's Gardens (Moor Place)	19 Minutes	15 Minutes	21 Minutes	6 Minutes	8 Minutes	8 Minutes	12 Minutes	4 Minutes
St Luke's View (Oldham Street)	20 Minutes	19 Minutes	20 Minutes	5 Minutes	5 Minutes	4 Minutes	5 Minutes	9 Minutes
Unite Student Village (USV) (Cambridge St)	26 Minutes	24 Minutes	26 Minutes	7 Minutes	3 Minutes	6 Minutes	6 Minutes	13 Minutes

LJMU is well served with cycling storage spaces, equipment lockers and changing facilities on site. The campus also benefits from a dedicated University Cycle Route which offers cyclists a less congested route between the city centre and IM Marsh: <http://liverpool.gov.uk/media/9409/universityroute.pdf>. This route takes approximately 25 minutes—that's around 200 calories burned and 1.3kg CO₂ saved per trip!

Cycle Facilities at LJMU Buildings								
Location	Storage Type	Availability	Secure/ enclosed	Sheltered	Total Capacity	Showers	Changing Facilities	Lockers
IM Marsh Campus (Main vehicular site entrance)	Sheffield Stands	Staff, Students & Visitors	No	Yes	10	✓	✓	✓
	Cycle Pod	Staff, Students & Visitors	No	Yes	10			
Byrom Street Campus (Main Entrance)	Sheffield Stands	Staff, Students & Visitors	No	No	30	✓	✓	✓
	Cycle Pod	Staff, Students	Yes	Yes				
Byrom Street Campus (Internal Storage)	Sheffield Stands	Staff, Students & Visitors	No	No	36	✓	✓	✓
John Foster Campus (Main Entrance)	Sheffield Stands	Staff, Students & Visitors	No	Yes	20	✓	✓	✓
Art and Design Building (Internal Storage)	Sheffield Stands	Staff & Students	Yes	No	48	✓	✓	✓
Redmond Building (Main Entrance)	Sheffield Stands	Staff, Students & Visitors	No (Sometimes Gated)	Yes & No	90	✓	✓	✓
Henry Cotton Building (Main Entrance)	Sheffield Stands	Staff, Students & Visitors	No	No	40	✓	✓	✗
Tithebarn Street (Main Entrance)	Sheffield Stands	Staff, Students & Visitors	No	No	24	✗	✓	✗
Tithebarn Street (Rear)	Sheffield Stands	Staff, Students & Visitors	Yes	No	30	✓	✓	✗

6.1.1 Cycle Storage CCTV

Eight state-of-the-art CCTV cameras are operational across the campus in key cycle storage areas. Funding was obtained by the Environment Team from the Department for Transport, administered through Merseytravel. The LJMU Security Team has also delivered initiatives such as discounted D-locks for students to ensure that the LJMU cycling community feels more secure in its transport choice.

6.1.2 Citybikes for Hire

Liverpool City Council launched its Citybike scheme in May 2014, the largest one of its kind in the UK outside of London. During 2014, LJMU worked with the Liverpool Citybike Scheme, in conjunction with Liverpool City Council, to arrange for a suite of Citybike hubs to be installed at key buildings and sites. Subsequently free taster days on the Citybikes have been offered to students during the LJMU Welcome Weeks, while a pilot staff Citybike scheme took place in 2016/17.

The green Citybikes around the city can be hired for as little as £1 a day and £5 a week. Alternatively, if you join the Citybike scheme as an annual member for £55 (or £50 if you are a student), you can make as many 30 minute bike rides as you like for free – that's as little as 15p a day for the annual membership fee! Further details on Citybike can be found at www.Citybikeliverpool.co.uk. LJMU Sustainability and Environmental Team aim to engage with corporate deals for students and staff; all enquiries should be directed using the contacts at the end of this document.

- Full breakdown of the **standard prices**, including hourly rates: <https://www.Citybikeliverpool.co.uk/price-list.html>
- Special tariffs, including **student discount**: <https://www.Citybikeliverpool.co.uk/special-tariffs.html>
- **Map and list of Citybike stations** across Liverpool, including at LJMU sites: <https://www.Citybikeliverpool.co.uk/map-of-stations.html>

6.1.3 Bike & Go hire and free storage

There is also a **BIKE & GO?** scheme operating at numerous Merseyside rail stations, including Liverpool Central and Liverpool South Parkway, where you can hire bicycles daily for just £3.80. Further details can be found at www.bikeandgo.co.uk. This is supplemented by free, secure cycle storage at various train stations: to register and receive your personal fob, please visit: <http://www.merseyrail.org/plan-your-journey/getting-to-our-stations/bike/secure-cycle-shelters.aspx>.